# Mill Valley School District



COVID-19
Health and Safety Guide
for Students and Families 2020-2021



#### Overview

Mill Valley School District's plan for the return to school focuses on the health and safety of all staff and students. This handbook was developed in partnership with the Marin School Nurses Organization (MSNO) to support a healthier school environment during the COVID-19 pandemic. We have implemented health and safety measures that include the regular cleaning and disinfecting of all high touch surfaces, restrooms, and common areas. Additionally, we have installed plexiglass barriers in our school offices, upgraded our HVAC filters, HEPA air purifiers have been purchased for each classroom, prepared classrooms and common areas for physical distancing with visual markers, and posted signs across campus reminding students and staff to frequently wash their hands and to wear the face coverings at all times. All measures taken are in accordance with the Marin County Office of Education (MCOE) Rethinking Marin Schools Task Force, Marin County Health and Human Services (MCHHS), California Department of Education (CDE), the California Department of Public Health (CDPH), and the Centers for Disease Control and Prevention (CDC).

This Handbook will remain fluid and responsive to new information from local, regional, state, and federal agencies. This Handbook is intended to offer each community member a central location to access information during this continually evolving experience. As new decisions are made and as content is developed, it will be added to this Handbook.

The successful implementation of our reopening plan depends on the cooperation and support of our whole school community. By adhering to the safety precautions outlined in our plan, we are confident that together we can safely and successfully reopen.

#### **MVSD School Site Specific Protection Plans**

Mill Valley School District's Site Specific Protection Plans (SSSPP) were developed by the SSSPP Task Forces (teachers, administration, parent, staff) at each school and have been approved by the Marin County Office of Education. Please <u>click here</u> to access the plans.

#### **Attending School**

We are asking all families to partner with the school in support of these guidelines to better ensure the health and safety of all students and staff, and to prevent the spread of COVID-19. It is our goal to maintain a safe and healthy learning environment for all students and staff.

- Parents will be asked to take the child's temperature and observe each child daily
  for symptoms related to COVID-19 prior to bringing/sending them to school (Daily Home
  Health Screening).
- Do NOT send a child to school if they exhibit any symptoms of COVID-19 (or other contagious illnesses) which includes fever, chills, cough, shortness of breath, fatigue, muscle aches, new loss of taste or smell, nausea, diarrhea, sore throat. Students who are presenting with COVID-19 symptoms should report the absence/illness to the school, list the related symptoms, and call their healthcare provider as soon as possible for

further guidance and possible COVID-19 testing. All health information given to the school remains confidential.

## **Daily Home Health Screening**

We are asking all parents to monitor their child's health on a daily basis and to complete a "passive health screening." This includes temperature checks and monitoring for any of the symptoms related to COVID-19. Prior to coming to school each day, parents must review the following questions. If answered in the affirmative, please call the office and keep students at home. If "no," then please proceed to school.

- 1. In the last 14 days, have you or anyone in your household had close contact with someone who has or is suspected to have COVID-19?
  - a. Yes
  - b. No
- 2. In the last 24 hours, have you experienced any of the following symptoms without the use of fever-reducing medications?: Fever, Headache, Cough, Sore Throat, Runny Nose, Shortness of Breath, Chills, Muscle Aches, Loss of Taste or Smell, Gastrointestinal (nausea, vomiting, or diarrhea)
  - a. Yes
  - b. No

# <u>Please follow these guidelines to help us maintain a safe and healthy learning environment:</u>

- Instruct your child / children in proper hand hygiene and respiratory etiquette.
- Limit travel and social activity to reduce possible exposure to COVID-19.
- Limit participation in group activities and gatherings with mixed households.
- As practicable, children should not participate in more than two (2) cohorts.
  - What is a <u>cohort</u>? A cohort is a group of children who participate in extended activities together to minimize COVID-19 exposure by limiting cross-over. Examples include elementary school class, aftercare, youth sports club, recreational class. Your household and transportation group (e.g., bus) are not considered cohorts.
- Maintain physical distance and wear face coverings.
  - As part of a statewide effort to help stop the spread of Coronavirus, and as recommended by the CDC, face coverings are required to be worn by all staff and students at all times. Face coverings must adhere to current <u>Marin Public</u> Health Department Guidelines.
    - Instruct your child in safely wearing and taking off face covers. Ensure your child arrives at school with a face covering daily (pack a back-up face covering in their backpack).
- Plan for possible cohort or school closures.
- Mill Valley School District's Site Specific Protection Plans (SSSPP) were developed by the SSSPP Task Forces (teachers, administration, parent, staff) at each school and have

- been reviewed by both the Marin County Office of Education and by Marin County Health and Human Services. Please <u>click here</u> to access the plans. Talk to your child about precautions to take at school.
- Instruct your child to visit the school health office only if they feel sick. Check your household and child / children each morning for signs of illness.
  - Do not pre-medicate your child with symptomatic relief medications (e.g., ibuprofen [Motrin], acetaminophen [Tylenol], pseudoephedrine / Sudafed, diphenhydramine [Benadryl]) unless for known, chronic conditions; e.g., seasonal allergies; sinusitis)
  - Do NOT send your child / children to school if they or anyone in the household (e.g., caregivers, siblings) exhibit any symptoms of COVID-19. Per <u>CDC</u>, people with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus.
    - Contact your healthcare provider immediately to discuss testing for appropriate household members.
    - **Test or 10**: Students with the following more common symptoms of COVID-19 must be **tested** for COVID-19 or stay at home and isolate for at least **10 days**:
    - Fever (100.4°F/38°C or higher) or chills Cough Sore throat Shortness of breath or difficulty breathing Not being able to taste or smell •Headache Diarrhea Nausea or vomiting Runny nose
      - Students may return to school after they test negative for COVID-19 with copy of a negative test and/or after their healthcare provider provides an alternate diagnosis - e.g., migraine, strep throat - and their symptoms are improving and they are fever-free for 24 hours without the use of fever-reducing medications.
    - Students who exhibit the following <u>less common symptoms</u> must be evaluated by a healthcare provider to determine if COVID-19 testing is indicated: New onset of stuffy or runny nose (different from pre-existing allergies) Body aches Fatique or lethargy.
      - School must receive communication from the healthcare provider that the student may return to school (e.g., doctor's note, fax, phone call).
    - Notify the school immediately if:
      - If your child is being evaluated for COVID-19, they may return to school if they test negative with copy of a negative test.
      - If a household member is being evaluated for COVID-19, the household member must <u>isolate/quarantine</u> as appropriate.
        - Your child / children must stay home until the household member tests negative for COVID-19.
        - If the household member tests positive for COVID-19, your child / children must quarantine for 14 days from their last contact with the household member. They may not return

to school even if they test negative for COVID-19. They must complete their quarantine.

- If a household member has a known COVID-19 exposure, the household member must <u>isolate/quarantine</u> as appropriate.
- If your child has had close contact with someone who has tested positive for COVID-19, they should get tested 5 7 days after their last contact with the person who has COVID-19.
  - Your child must stay at home and <u>quarantine</u> for 14 days after their last contact with the person who has COVID-19. They *may not* return to school even if they test negative for COVID-19. They must complete their quarantine.

#### More resources can be found at:

Marin County Health and Human Services Coronavirus Information

Marin County Health and Human Services Coronavirus Information - Schools

CDC Back to School Planning for In-Person Classes

Marin County Office of Education (MCOE) website

MCOE Rethinking Schools

For questions about COVID-19, please call the Marin Health and Human Services phone call center at (415) 473-7191 [9:30 a.m. to noon and 1 to 5 p.m. weekdays]. Interpreter services are available.

#### Absences

To report an illness or absence, please contact the school office via phone or email. If your student is ill, please be sure to report all symptoms your child is experiencing, when the symptoms began, and any other pertinent medical information such as doctor's diagnosis and/or test results. This information will be kept confidential.

- Parents/guardians should inform the school if their child or family member tests positive for COVID-19. Contact the site administrators, the Nurse, or the admin assistants in the main office. This information will be kept confidential.
- Students who have been absent due to illness and/or COVID-19 infection shall be
  excluded from campus until the school receives written clearance from a healthcare
  provider that the student is no longer contagious, and/or all isolation and quarantine
  requirements have been met, and the student no longer has symptoms of illness.
  (Education Code 49451; Health and Safety Code 120230; 5 CCR 202). (See "Healthcare
  Provider Clearance", below)
- Student absences related to illness or quarantine are considered excused absences (Ed Code 48205).

### The Mill Valley Learner Health and Safety Pledge

We encourage everyone in our community to take our health and safety pledge.

Please read the pledge below or <u>watch this video</u> of the pledge being read and show your commitment to health and safety in our community by <u>signing this pledge</u>.



Pledge that you will do what it takes to keep yourself, your friends, and our community safe and healthy, because that's what being a Mill Valley Learner is about - being a "responsible, contributing member of our community" is part of our mission.

TAKE THE LEAD ON HELPING PROTECT THE WELL-BEING OF OUR COMMUNITY.

Together, we must protect the health and safety of every member on our campuses. If and when you are coming to campus, the following pledges below will help to ensure we are all doing our part.

#### I PLEDGE TO:

#### 1. PROTECT MYSELF

- Monitor for the symptoms of COVID-19 and do not come to campus if I experience any
  of the following without the use of fever-reducing medicine: Fever (over 100.4),
  Headache, Cough, Sore Throat, Runny Nose/Congestion, Shortness of Breath, Chills,
  Muscle Aches, Loss of Taste or Smell, Gastrointestinal (nausea, vomiting, or diarrhea).
- Wash my hands often with soap and water for at least 20 seconds or use hand sanitizer when hand washing is not possible.

### 2. PROTECT OTHERS

- Wear a face covering on campus at all times, both indoors and outdoors.
- Maintain appropriate physical distancing at all times.
- Stay home if I feel ill or after exposure to someone who is ill or has tested positive for COVID-19.

#### 3. PROTECT THE MVSD COMMUNITY

- Keep my belongings, personal spaces, and shared common spaces clean.
- Follow all public health requests and guidance to preserve the wellness of the community.

- Read and follow instructional signs and directions.
- Respect all MVSD community members and act with civility in my words and deeds.

#### Sign the pledge.

#### **Arrival and Dismissal from School**

Families should refer to instructions regarding arrival and dismissal procedures that are provided by each individual school site.

## Visitors, Gatherings, and Field Trips

Visitors (including parents) will not be allowed on campus. Student assemblies, parent meetings, field trips, special performances, and student assemblies will be conducted via a virtual platform whenever possible. Schools will promote distancing of at least 6 feet between people in person, as much as practicable, and limit the number of people allowed into the office and common indoor spaces at one time. Any visitor permitted on the campus must first check in at the school office, complete a brief QR code survey, and adhere to all posted health and safety protocols.

### **Cleaning Procedures**

Classrooms, bathrooms, and common areas will be cleaned and sanitized frequently, and all our procedures comply with the County of Marin's guidance. For more information, please reference your school's <u>School Site Specific Protection Plan</u>.

### **Heating and Ventilation**

As part of the district's School Site Specific Protection Plan (SSSPP) for a return to in-person instruction, the district conducted an assessment for all heating and ventilation (HVAC) equipment at all campuses throughout the Mill Valley School District.

Our existing HVAC systems were evaluated to:

- Ensure our current systems comply with recommended state and local codes and recommendations from the Centers for Disease Control and Prevention (CDC).
- Ensure the appropriate amount of outside air is delivered to each instructional or office space.

As a result, we are confident that all measures we are taking will ensure the health and safety of our students.

- Building and classroom exterior windows and doors will be opened as practicable to allow for outside air ventilation. Fresh air will be brought into the building through the HVAC system and/or teachers will be encouraged to keep all windows and doors open in order to maximize the flow of fresh air.
- Minimum efficiency reporting value (MERV)-13 air filters have been installed on all of our HVAC units.
- High-efficiency particular air (HEPA) air purifiers have been purchased for each classroom.
- Work is underway to address additional recommendations from the report.

### **Shared Objects**

The sharing of materials will be kepts to a minimum. In scenarios where materials will be shared, teachers will establish clear procedures to ensure the materials are cleaned and sanitized between each use, or that students have their personal set of materials. In general, school staff will:

- Discourage students from sharing items that are difficult to clean, sanitize or disinfect.
- Ensure each child's belongings are kept separate from others' and in individually labeled containers, cubbies or other areas.
- Limit sharing of supplies between students and disinfect between uses if sharing is unavoidable.
- Ensure adequate supplies to minimize sharing of high touch materials to the extent possible (e.g., assigning each student their own art supplies, equipment) or limit use of supplies and equipment by one group of children at a time and clean and disinfect between uses.

#### Face Coverings/Masks

As part of a statewide effort to help stop the spread of Coronavirus, and as recommended by the CDC, face coverings are required to be worn by all staff and students at all times. Face coverings must adhere to current Marin Public Health Department Guidelines.

- Face coverings worn by students must be appropriate and meet district dress code requirements (e.g. no inappropriate fabric patterns, no Halloween masks, no hate symbols, etc.).
- Disposable masks will be available for students who come to school without a mask, whose mask breaks or gets soiled at school, or who wear an unacceptable face covering to school.
- Face coverings shall not be required for students or staff if there is a medical or behavioral reason for not wearing a face covering. This should be verified in writing from a medical professional, member of the school IEP team, or the school counselor.
- Face coverings may be removed only for meals, snacks, or when one needs to be replaced.
- If a student refuses to wear a face covering, the teacher will direct the student to put their face covering on and will offer a safe mask break if needed. If the student continues to refuse to wear a face covering the site administrator will be notified. The following steps will be taken:
  - 1. The student will be directed to move to a safe space outdoors.
  - 2. A mask break will be recommended.
  - 3. Reasons for wearing a mask will be explained.
  - 4. If refusal to wear a mask continues, the parent/caregiver will be contacted to collect their child.
- Regarding Filtering Facepiece Respirators (FFR)

- There remains a limited supply of filtering facepiece respirators (FFRs), like N95 masks, in the United States
- Public Health guidelines do not recommend FFRs in classrooms (outside times when aerosolizing procedures occur)
- Users can wear FFRs up to 20 times or until it is damaged, soiled, or causing noticeably increased breathing resistance
- FFRs should only be reused by the same wearer and stored in a way that protects them from danger (i.e., hang used respirators in a designated storage area or keep them in a clean, breathable, separate container such as a paper bag between uses)

### Wearing face coverings correctly:

- Wash your hands before putting on your face covering.
- Put it over your nose and mouth and secure it under your chin.
- Try to fit it snugly against the sides of your face.
- Make sure you can breathe easily.
- Avoid touching the face-covering while it is on. If you do need to touch or adjust the face covering, wash your hands right away.

## Removing face coverings correctly:

Be careful not to touch your eyes, nose, and mouth when removing. Wash hands immediately after removing.

- Until the strings behind your head or stretch the ear loops.
- Handle only by the ear loops or ties.
- Fold outside corners together.
- Wash the face covering

#### Hand Hygiene

Frequent hand hygiene is one of the most important preventative practices to help slow the spread of COVID-19 and will be encouraged at school. Hand hygiene stations will be accessible on campus. Students and staff will be required to wash or sanitize their hands upon arrival to school each day before entering the classroom. Time for hand hygiene will be scheduled throughout the day including before eating and before returning to the classroom after recess.

#### Five steps to proper handwashing:

- 1. Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.
- 2. Lather your hands by rubbing them together with the soap. Lather the backs of your hands, between your fingers, and under your nails.
- 3. Scrub your hands for at least 20 seconds. Need a timer? Hum the "Happy Birthday" song from beginning to end twice.
- 4. Rinse your hands well under clean, running water.

5. Dry your hands using a clean towel or air dry them.

How to use hand sanitizer:

- Apply the hand sanitizer to the palm of one hand (read the label to learn the correct amount).
- Rub your hands together.
- Rub the sanitizer over all the surfaces of your hands and fingers until your hands are dry. This should take around 20 seconds.

## **Cough/Sneeze Etiquette**

Please help us teach your child(ren) these important preventative measures to reduce the spread of COVID-19 and other illnesses.

- Cough and sneeze into a tissue or into the crook of the elbow, throw the tissue into the trash right away and wash hands.
- Avoid touching the eyes, nose, and mouth with unwashed hands.
- Avoid close contact with anyone who is sick.
- If your mask becomes soiled due to sneezing or heavy coughing, replace it with a clean Mask.

# **Physical Distancing**

Based on current guidelines from the California Department of Public Health and Marin County Public Health, a separation of six feet between students/staff is recommended for mitigating the risk of COVID-19 transmission. MVSD has the following measures in place to ensure students stay 6 feet apart when practicable, and no less than 4 feet apart, while in the classroom, waiting in lines, in hallways, and at all other times:

- Markings on floors and sidewalks to indicate physical distancing
- Signage on walls and around campuses to serve as a reminder to maintain physical distance from others
- Signage and arrows to indicate directional walking patterns
- Classroom seating/desks maintain physical distancing
- Limited number of students allowed in common spaces (bathrooms) at one time

Please also remember to practice these measures outside of school:

- Maintain a 6 ft distance from others outside your home. Keeping distance from others is especially important for individuals at higher risk for severe illness.
- Please discuss with your child the importance of community physical distancing measures while not at school, including discouraging students from gathering elsewhere.

#### Water

Students should bring filled water bottles from home, labeled with the child's name, to use during the school day. All drinking fountains will be disabled in order to reduce the possibility of

virus transmission. Water refill stations will be available for students and staff to refill reusable water bottles.

### **Eating Procedures**

If students are eating on campus, they will eat in assigned areas outside (as per usual and weather permitting). Students will be required to wash hands or use hand sanitizer prior to eating and to maintain a distance of 6 feet and remain in their assigned area. ChoiceLunch will continue to be available for students. Students who are not going to be eating lunch on campus will be able to pick up their ChoiceLunch to take home with them.

#### **Medical Needs and Front Office Health Room**

Parents / guardians, teachers, and staff should instruct students to visit the school health office only if they are sick or injured. The school health office is a high-risk area that should only be used if medical assistance is necessary. If the health concern is not urgent, teachers and staff will attempt to resolve the matter with first aid interventions before sending a student to the school health office. Illness and injuries that would be handled in the health office may include:

- If your child requires medication(s) at school
- Severe head injuries, severe cuts, or suspected broken bones
- Other urgent medical care
- In case of medical emergency, 911 and parents will be called

If you know your child has mental health concerns that present as physical symptoms (e.g., headache, stomachache, nausea), please inform their teacher and work with your child to recognize their symptoms and practice self-soothing techniques, as possible. If you or your children are feeling worried or anxious, they can sometimes present with physical symptoms (e.g., headache, abdominal pain). Help your child learn how to deal with that anxiety in a healthy way. Our school counselors are also available for consultation in this area.

Students with known underlying health conditions may be at increased risk of severe illness related to COVID-19 infection. These health conditions may include Diabetes (Type I and II), immune system deficiencies, and chronic respiratory conditions. If your child has a chronic health condition, please consult with your child's healthcare provider to determine if/when it is safe to attend school in person and notify the District Nurse, Nancy Nakae, RN <a href="mailto:nnakae@mvschools.org">nnakae@mvschools.org</a>. In addition to this, please make sure to note any medical conditions on your student's emergency card.

#### **Isolation Rooms and COVID Symptoms on Campus**

If a student develops a fever of 100.4°F or higher and/or symptoms consistent with COVID-19, your child will be placed in an isolation area and monitored until they are picked up. Students must be picked up within 30 minutes by you or your identified emergency contact.

- Parents / guardians must always have a plan for picking up their child. Siblings and/or other household members attending school must also be picked up.
- If a student starts exhibiting symptoms, staff will ensure the student is wearing a mask.
  - Symptomatic students should be picked up within 30 minutes by their parent or guardian (or the emergency contact if the school is unable to reach the parent after 5 minutes). The student cannot wait in an isolation area for the rest of the school day.
- When the parent arrives to pick up their child, stay in the car, call the office, and wait for the child to be escorted outside. Parents and other visitors are not allowed on campus during this time.
- Please contact your child's healthcare provider to schedule an appointment and/or schedule COVID-19 testing. Your child, their siblings, and other household members attending school will not be allowed to return to school until the symptomatic child has been without fever for at least 24 hours AND tests negative for COVID-19 or completes 10 days of isolation (*Test or 10*).
- Please *inform the point of contact* at your school as soon as possible if your child / children are diagnosed with COVID-19.
- <u>Important Note</u>: Children who are <u>isolating</u> or <u>quarantining</u> at home cannot participate either in in-person instruction or in any extra-curricular activities (incl. youth sports).
  - Isolation (Separating from others if you have COVID-19): People who are in isolation should stay home until it's safe for them to be around others. In the home, anyone sick or infected should separate themselves from others by staying in a specific "sick room" or area and using a separate bathroom (if available).
  - Quarantine (Staying home if exposed to COVID-19): People in quarantine should stay home, separate themselves from others, and monitor their health.

### MIS-C

Some children infected with COVID-19 develop an extremely rare condition called <u>Multisystem Inflammatory Syndrome in Children (MIS-C)</u>. Children with MIS-C may have a fever and various symptoms, including abdominal (gut) pain, vomiting, diarrhea, neck pain, rash, bloodshot eyes, or fatigue. Contact your healthcare provider immediately if your child has any of these symptoms.

#### When to Stay Home from School

Students and staff should **NOT** come to school:

- 1. If they have a fever of 100.4°F or higher or any symptoms of illness.
  - Parents / guardians should check their child / children for symptoms of illness every morning before bringing them to school. If your child has any of the

following more common symptoms of COVID-19, they must be tested for COVID-19 or stay at home and isolate for at least 10 days (*Test or 10*).

- Fever (100.4°F/38°C or higher) or chills
- Cough
- Sore throat
- Shortness of breath or difficulty breathing
- Not being able to taste or smell
- Headache
- Diarrhea
- Nausea or vomiting

Students who exhibit the following <u>less common symptoms of COVID-19</u> *must be* evaluated by a healthcare provider to determine if COVID-19 testing indicated:

- New onset of stuffy or runny nose (different from pre-existing allergies)
- Body aches
- Fatigue or lethargy
- If a household member (incl. caregiver) has symptoms of COVID-19. They should
  contact their healthcare provider to schedule testing immediately. Students and staff
  must stay home until their household member tests negative for COVID-19. If the
  household member tests positive for COVID-19, your family must <u>quarantine</u> for 14 days
  from their last contact.
- 3. If they had close contact with a person who tested positive for COVID-19 (e.g., relative, friend). If your child has had close contact with someone who has tested positive for COVID-19, they must stay at home and <u>quarantine</u> for 14 days after their last contact with the person who has COVID-19.
- 4. Students with known underlying health conditions may be at increased risk of severe illness. These health conditions may include Diabetes (Type I and II), immune system deficiencies, or chronic respiratory conditions. If your child has a chronic health condition, please consult with your child's healthcare provider to determine if/when it is safe to attend school.

Any student or staff member who has tested positive for COVID-19 or who has been exposed to COVID-19 must stay home from school and follow Marin County Public Health's <u>At Home</u> <u>Quarantine & Isolation Safety Guidance</u>. Parents / guardians must notify the school immediately if their child or household member tests positive for COVID-19 or if a household member may have been exposed to COVID-19. [Enter school identified contact here] at the [Modify to your district/program name] District Office. This information will be kept confidential.

### When to Return to School

# "My child tested positive for COVID-19 but had no symptoms."

If your child continues to have no symptoms, they can return to school after 10 days have passed since they had a positive viral test for COVID-19. Retesting is not required and not advised. If your child develops symptoms after testing positive, contact your healthcare provider.

### "My child tested positive for COVID-19 and had symptoms."

A child who tested positive for COVID and had symptoms can return to school 10 days after their symptoms first appeared *and* their symptoms have been improving *and* they have been fever-free for 24 hours without the use of fever-reducing medications.

### "My child stayed home or was sent home because of COVID-19 symptoms."

If your child stayed home or was sent home for COVID-19 symptoms, they may return to school after they test negative for COVID-19 and/or after their healthcare provider provides an alternate diagnosis - e.g., migraine, strep throat - *and* their symptoms are improving *and* they are fever-free for 24 hours without the use of fever-reducing medications.

If students do not get tested or do not have an alternate diagnosis, they must isolate for at least 10 days and be fever-free for 24 hours without the use of fever-reducing medications before returning to school (*Test or 10*). Siblings and other household members attending school must also stay at home until the symptomatic child tests negative for COVID-19 or for at least 14 days after last contact with symptomatic person. All household members must follow Marin County Public Health's At Home Quarantine & Isolation Safety Guidance.

# "My child or a household member was exposed to COVID-19 (at school or at home)."

If your child or household member was exposed to COVID-19, they must stay at home and <u>quarantine</u> for 14 days after their last contact with the COVID positive person. Your child / children should be tested for COVID-19 *five to seven days after their last exposure*. They must complete a 14-day quarantine and may *not* return to school even if they test negative for COVID-19. Contact your healthcare provider to review isolation and quarantine orders.

If your child develops symptoms during quarantine, they may not return to school until 10 days after their symptoms first appeared *and* their symptoms have been improving *and* they have been fever-free for 24 hours without the use of fever-reducing medications.

### "My child was diagnosed with another illness / communicable disease."

Depending upon the illness, a clearance from the student's healthcare provider may be required for return to school after illness. School Notices will be sent for other diseases (as indicated) according to the MCOE Student Health Manual.

Reference: Marin County Public Health At Home Quarantine & Isolation Safety Guidance.

## School Actions and Communications in Case of Possible Exposure at School

Families will be notified of school or cohort closures and any restrictions in place to prevent COVID-19 exposure (e.g., limited hours of operation) as soon as possible.



# **Community Clinics in Marin County**

You can find a list of community health centers and clinics in Marin County on the <u>Redwood Community Health Coalition's website.</u> These health centers and clinics are dedicated to providing high quality, affordable health services to families and children and will serve uninsured/underinsured families.

For questions about COVID-19, please call the Marin Health and Human Services' call center at (415) 473-7191. The call center is open from 9:30 a.m. to noon and 1 to 5 p.m. on weekdays. Interpreter services are available.

### Public Health Liaison Contacts by School Site

Staff Member	Contact Information
Jessica Goode Director of Human Resources, District Office	jgoode@mvschools.org; (415) 389-7745
Anna Lazzarini Principal, MVMS	alazzarini@mvschools.org; (415) 389-7711 ex 2276
Mark Nelson Assistant Principal, MVMS	mnelson@mvschools.org; (415) 389-7711 ex 2275
Lisa Lamar Dean of Students, MVMS	<u>llamar@mvschools.org;</u> (415) 389-7711 ex 2873
Leo Kostelnik Principal, Edna Maguire	lkostelnik@mvschools.org; (415) 389-7733
Jason Matlon Principal, Old Mill	jmatlon@mvschools.org; (415) 389-7727
Aubrey O'Connor Principal, Park School	aoconnor@mvschools.org; (415) 389-7735
Kimberley Rusell Principal, Strawberry Point	krussell@mvschools.org; (415) 389-7660
Laura Myers Principal, Tam Valley	lmyers@mvschools.org; (415) 389-7731
Nancy Nakae District Nurse	nnakae@mvschools.org; (415) 389-7711 ext 7768